

## Topic - Outward Mindset

Nothing works best than a terrific attitude or mindset.

Can success be replicated?

Can resilience be replicated?

Life's trajectory depends on the mindset, the attitude we carry in life.

Mindset - beliefs, emotions

Attitude - how do we deal with the things outside?

Outward Mindset - How we see the challenges, opportunities that come to us in life.

Eg: Imagine you are on railway track on new and old. New - 20 kids; Old - 2 kids.

It's a dicotomy - there is no right or wrong for such question?

Look for quality not quantity.

Independent in understanding what I want to do.

Most are doing so it must be cool - wrong?

Its your attitude and not your aptitude that decides altitude.

Eg: Feroky went to Enzo Ferrari (owner of Ferrari) and told input to Enzo Ferrari. Enzo Ferrari could take the input. Feroky Lamborghini made the correction and started Lamborghini.

Feroky was able to take input, defeat.

People open to suggestion grow in life.

What interferes with developing right attitude?

Its our perceptions.

What defines our perception?

Brain has 100 b nuerons. Dendroids root of nuerons . At the same time mind can have 300M perceptions. So its different for different people.

When you surround yourself with small things our problems become big but when we surround us with big things then our problems become small.

4 Wrong attitude:

1. Comparison - Eg: No two apples, oranges are similar. We compare everything and constantly. Comparison doesn't build us. Am I doing better than was I was earlier? Born original don't die as someone else. Eg: In ramayana, Rama saw squirrel and monkey's with equal vision. Am I giving my 100%?
2. Complaining - What is the best use of the bad bargain? How can I solve the problem? Leaders think about solution. One who solved the problem is history. Constructive thinking is important. Eg: Aurthor Ash - Winner of Winbeldon and many matches. He got wrong transfusion of blood of AIDs and got diseased. He wrote a letter - when I won I never asked God - why me? So why should I ask why me?
3. Criticize: Don't judge yourself. It's a crippling attitude. Eg: Boy ranked 1st in college - Father gave oriono book - Boy left - latter saw key in the book.
4. What will people say? Man - Son - Donkey story.

Failure are not milestones, they are the stepping stones to success.

If you want to give light to the world, be ready to be burnt like a lamp.

Successful people focus on process.

Do you want to be history or historical?

Are you living the routine or dream?

Ability to resist failures brings greatest success. Eg: Thomas Alva Edison failed 10,000 before inventing BULB.

**Own the responsibility.** Success will come to you searching you.

People who stand for themselves are the one who as see

Be grateful to everyone and everything. Grateful to God for everyday.

Replace - have tos to get tos.

**Good Company** is important for having terrific attitude. Eg: Rusted Nail near the compass of ship can sink a ship.

Respect everyone, love few and trust very few. Have a very right attitude.

Learn from the

Hear, Read, Watch good things.

**Never give Up:** Love challenges in life. There is only 2 option - win or learn.

The best way to succeed is to try one more time.

THINK BIG. Eg: Jeff Besos of Amazon.

Dr Kalam: "Dream is not seen while sleeping, dream is one that doesn't allows us to sleep."

Practice like you have never won, perform as if you have never lost.

**Selflessness:**

Do something for other. Help others.

For any change in life - bring the change in life.

Purpose driven.

Focus on the journey of role models not on their current situation.

Questions:

1. What is mindset and attitude?
2. What is the meaning of Outward Mindset?
3. What did you learn from the story of Enzo Ferrari and Feroxy Lamborghini?
4. What defines our Mindset? Mention 4 types of wrong attitudes.
5. How can we develop right attitude in life?